

PRAISE

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Scriptures:

Psalm 9:1

Psalm 61:8

Psalm 105:1

Psalm 148:5.14

Isaiah 12

Luke 2

Isaiah 12

Psalm 48:1

I just want to praise you, lift my hands and say I love you; you are everything to me, and I exalt your holy name on high. The words of this song speak so beautifully about praising God. We read in Psalm 48:1 *The lord is great and is to be highly praised*. Considering what the Lord has done for us, it is only so natural to want to praise him.

What then does it mean to praise God?

To exalt him, to glorify him, to honour him, and to worship him. To thank him and adore our heavenly father for his goodness and grace in appreciation for all he has done for us.

How then can we praise our everlasting God?

Many of the psalms and often our prayers include praise to God. Praying and singing are a form praise. We can praise God with our words, in fellowship with others, lifting our hands in worship and reading the bible and many other ways.

What can we praise God for?

Praise can be given to God for creation and the blessings that God gives us. Praise can be for forgiveness, for the amazing God we serve. We can just praise God for loving us, for healing and answered prayer.

When should we praise God?

As Christians we should be encouraged to praise God daily for his blessings and his mighty love, in both the difficult and good times. We should continually praise God for all that he has done for us. Giving praise to God one can experience greater joy and strength to face anything.

What are the benefits of praising God?

Praising God helps us to refocus our minds and connects us with God. Praising God first is a good way to proceed with prayer and reminds us of

who God is and what he has done for us. Praise can alleviate our fears and can open our hearts to receive Gods peace, presence and joy.

Prayer:

Lord help us each day to praise you more, in all aspects of our lives.